



# SANT GADGE BABA AMRAVATI UNIVERSITY

Organizes



AICTE (ATAL) Academy Sponsored

**One-week Faculty Development Program**

on

**Life Skills for Self-Discovery,  
Competency & Productivity**

August 09 - 13, 2021 Online mode

**UGC – Human Resource Development Centre  
Sant Gadge Baba Amravati University**

Tapovan Road, Amravati 444602 (MS)

[www.ascsgbau.ac.in](http://www.ascsgbau.ac.in)

## ABOUT SGBAU

Sant Gadge Baba Amravati University was established on Maharashtra Day, the 1<sup>st</sup> May, 1983 to cater mostly the educational needs of rural population of western Vidarbha with the vision of creating a human resource capable of converting challenges into opportunities through imparting training to youth in various aspects of skill development for all dimensions of higher teaching-learning process towards making of the learners; the ideal citizens, the academic leaders and the global entrepreneurs to represent the Leader India in the 21st Century. The University pays special attention towards educational up-liftment of the backward and the downtrodden.

The university has its jurisdiction within five districts of Vidarbha viz. Amravati, Akola, Yavatmal, Buldana and Washim. By now, this sapling has grown into a gigantic tree having about 4 lacs students. It is noteworthy to state that the University has a lush green campus of 447 acres with 29 Teaching Departments, a conducted Model Degree College at Buldana and nine Faculties satisfying the knowledge appetite of the students. The University has been re-accredited (3rd Cycle) by NAAC in 2016 with "A" grade (CGPA 3.07).

## ABOUT HRDC

UGC - Human Resource Development Centre (formally Academic Staff College) is of the premier institution of Vidarbha region for the up-gradation of knowledge and skills of higher educational faculties, researchers, students & other key functionaries in HIEs which is established in SGBAU by the University Grants Commission, New Delhi in 2009 (XIth plan) with the aim to build higher managerial capability in existing higher education leaders & administrators and to draw fresh talent into the management of higher education system. This centre is committed to the creation of self – reliant centre of excellence that improve professional competence of the teachers in higher education system and to update & upgrade the knowledge of the teachers and to train them in the latest process, methodologies and techniques of teaching. In today's global era, the teacher in the centre of entire higher education system and they play a crucial role for developing the society. The HRDC is single and most efficient instrument which provides opportunities to the teachers for their professional development.

## ABOUT PROGRAMME

In a constantly changing environment, having life skills is an essential part of being able to meet the challenges of everyday life.

The dramatic changes in global economies over a last decade has been matched with the transformation in technology and these are all impacting on education, the workplace and entire life. To cope with the increasing pace and change of modern life, educational community need new life skills such as the ability to deal with stress and frustration. Life skills are skills, strengths and knowledge that aid people face troubles of their day-to-day existence with a remarkable way of thinking and go about with their daily obligations effectively. Life skills education would region us on the dual carriageway to growth and development, in the process, enabling us to lead our lives as efficaciously and efficiently as possible. The aims this FDP to provide self-actualization & life skills for strengthens Human Development & Wellbeing in today's global era.

The programme will be conducted in live mode and includes some activity based hands on sessions. Participants are expected to complete all assignments, test & feedback within stipulated time which may need dedicated efforts and would require a laptop or desktop computer. For effective & smooth communication there will be a Whats App/Telegram Group.

## PROGRAMME DETAILS

### CONTENTS

- Self – Actualization
- Personality Development
- Communication Skills
- Vision, Mission & Goals Management
- Time & Stress Management
- Critical Thinking & Emotional Intelligence
- Leadership & Decision Making
- Team – Building
- Counselling Strategies
- Life Style & Health Care

### ASSESSMENT

- Assignments
- Activity Based Hands on Training Sessions
- Report/Content Writing
- Final Test
- Feedback

## WHO CAN APPLY

The programme is multi-disciplinary and interested faculty members of the AICTE approved institutions, Research scholars, PG Scholars, participants from Government, Industry (Bureaucrats/Technicians/Participants from Industry etc.)/School Teachers and staff of host institutions etc. are eligible to participate. Registration is free.

## ELIGIBILITY TO GET CERTIFICATE

The certificates shall be issued to those participants who are registered on ATAL portal ([www.aicte-india.org/atal](http://www.aicte-india.org/atal)) and attend the program with minimum 80% attendance and score minimum 60% marks in the final test as well as completed all the other assignments & feedback.

## IMPORTANT DATES

Last date of Registration August 02, 2021

Selection of Participants August 03, 2021

Commencement of Course August 09, 2021

## - Contact Details -

**Prof (Dr.) Prasad A. Wadegaonkar**

Director, UGC – HRDC,  
[directorhrdc@sgbau.ac.in](mailto:directorhrdc@sgbau.ac.in)  
0721 – 2668174/9422157263

**Prof (Dr.) Deepak Y. Chacharkar**

Coordinator  
[chacharkar@rediffmail.com](mailto:chacharkar@rediffmail.com)  
9422159818